



Lindsay's Expert Takeaway

From the 'Expert' module was finding out that my lived experience and my professional experience can be used within facilitation skills and training scenarios, to not only boost others knowledge but also that roots me in say saying I am an expert in the field. Before that I didn't really feel like I could say 'oh I have expertise in this' so it was really it was a big confidence boost to kind of recognise that I can actually attach that to myself and hopefully by the end of this I'll feel more confident in being able to say that too.

