Transform Your Training



No more boring, uninspiring training sessions

Our award-winning methodology drives systems and culture change

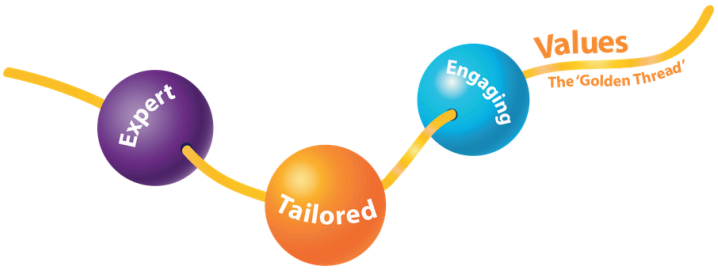
Our Train the Trainer will teach you how to:

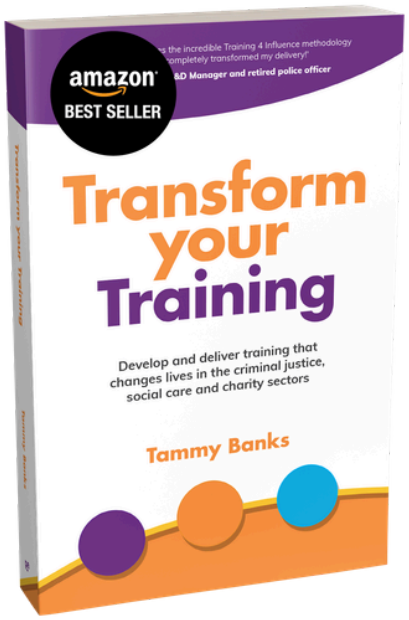
- Recognise and strengthen the impact your training has on people and systems
- Create accessible, trauma-informed learning environments
- Own when to share lived experience safely and effectively
- Meet diverse and complex learning needs in an equitable way
- Build core facilitation skills to manage challenge and difficult conversations
- Adapt your delivery to reflect safeguarding and multi-agency realities
- Increase engagement and retention through relevant, practice-based learning
- Deliver effectively both online and in-person
- Deliver training that influences real practice, not just knowledge

Plus:

- Build your confidence and training network
- Learn in a supportive, non-competitive community
- Opportunity to deliver for our Taye Training team

Based on our award-winning Training 4 Influence methodology shared in our bestselling book.





Who the Programme is for

- Individuals who believe training can be a powerful vehicle for systemic change
- People looking to develop as facilitators, whether new or experienced
- Organisations wanting to strengthen the quality and impact of their training
- Commissioners investing in sustainable, equitable and trauma-informed workforce development

Combining the power of lived and professional experience, and grounded in real-world practice, this programme is built on equity and trusted across Criminal Justice, Social Care, Education and Health services. It drives culture and behaviour change, not just compliance. It enables safe, impactful delivery in complex and high-risk environments and creates pathways for progression and long-term impact.

How it is delivered

Run twice a year and by application, this programme includes 12 live sessions and a dedicated support group to help you get the most from your learning. Each cohort is carefully selected to include new and experienced facilitators, alongside those with lived and professional experience, strengthening learning and ensuring equitable delivery.

- Practical, step-by-step learning you apply to your chosen subject
- Personal mentor support tailored to your development
- Blended delivery, face-to-face and live online
- Opportunities to observe experienced facilitators in practice
- Development of your own training as you go
- Practice delivery with structured feedback
- Co-delivery and lead delivery opportunities
- Access to practical resources and proven templates
- Continued connection through our Transform Your Training community (up to 6 months)
- Assessment through an end of course assignment and microteach

Not quite ready for the Train the Trainer course?

We also offer T4I Foundations; a preparatory stage for people closer to their lived experience or completely new to training. T4I Foundations provides a psychologically safe, structured and trauma-informed space to build the confidence, communication skills and emotional resilience needed before stepping into trainer development.

How to get involved

Programme fee: £2,495. As part of our commitment to equitable delivery, a number of full and partial scholarship places are available.

To express interest, commission delivery or fund places on the programme, contact trainthetrainer@transformyourtraining.org

Our Methodology

Most people believe that the aim of a training session is 'just' to share new information but we know it can achieve so much more.

The Training 4 Influence methodology focuses on high-quality, inclusive facilitation that improves how people engage, how they are treated, and the outcomes that follow.

Our Train the Trainer course focuses on the four key areas of the methodology alongside our bonus module 'delivering live online':

Expert

"The learning from the expert module has helped me to have the confidence in my own abilities. It helped me to improve my facilitation skills, and unpick what expert means and how to use your expert knowledge within the training room. This helped me to understand that using **your expert knowledge can be shown in many ways.**"

Gemma McDonald—Leadership and Safeguarding Trainer

Tailored

"I feel the course has given me lots of tips on how I can **tailor the training for the organisation** and to also meet the needs of the delegates by having those initial discussions, finding out their 'why' and their needs for the training. The layering process is a really useful framework."

Gillian Shaibu—Health and Social Care Trainer

Engaging

"The accelerated learning really stuck with me, especially being neurodivergent. Encouraging delegates to participate in activities which stimulate their senses to help keep their brains engaged not only **supports engagement and learning**, but also communicates to delegates that they are valued. As a facilitator I want them to have a positive and enjoyable learning experience."

Rebecca Bryan– Risk Management and Domestic Abuse Trainer

Values
The 'Golden Thread'

"The course helped me see that as operational experts we should always bring our values into the course that we design and deliver. **Values can make the difference** on the learning outcome as it can create a sense of empathy and compassion which encourages deeper learning for delegates, for example, when talking about sensitive subjects such as racism and oppression of identities."

Robert Panico - Youth and Social Justice Trainer

Scan the QR code to watch our Founder, Tammy Banks, in her TEDx talk about our methodology.
*Trigger warning: this content begins with emotive material.
You'll also find reviews, podcasts and more.

Our Testimonials

We know our course is special, but don't just take our word for it. Take a look at what our graduates say about the course and how it has made a real difference to their training delivery.

The great thing about this 'Train the Trainer' programme is it is suitable for anyone at any level. I have got a lot of experience in training, and I did get a huge amount out of going through the process. It made me reflect and rethink on things that I do naturally, or things that I'd never thought to do before.

Whatever level of training you are at, you will get something from this. Just the experience of working through with a cohort is brilliant and really allows you to think and reflect on what you're doing.
If you're doing training, you should be doing this to make sure the work you're doing is produced to the level that will have the biggest impact for your participants, and therefore for the people that they are working with.



Becky Dawson

Freelance facilitator and graduate



Andrea Lestar

Freelance facilitator, Crisis volunteer and graduate

The Train the Trainer course was a fantastic experience and an excellent opportunity to learn from one of the best professional in this field, Tammy Banks. Tammy is an inspirational leader and a beautiful human being. Her story is one that I will always remember, and her drive and energy is something that will always keep me motivated.

I love how much emphasis the Train the Trainer course places on making the courses engaging and interactive by taking into account the individual learning styles and using accelerated learning techniques.

Start your journey or find out more:
trainthetrainer@transformyourtraining.org
transformyourtraining.org

PRINCESS ROYAL TRAINING AWARD 2023

We believe quality, values-led training can transform lives.